

Marital First Responders

Has anyone ever confided in you about a problem they are having in their marriage? They might tell you that they are thinking about getting a divorce or that their spouse doesn't care about them anymore.

What do you say? How can you help and if you have listened and offered your best advice, especially if they either reject it or return to the same complaint again and again?

Dr. William Doherty and his daughter Elizabeth Doherty Thomas have developed a program to equip the 73% of adults who are approached by a family member or friend to respond in appropriate ways. Marital first responders can be successful in helping individuals and couples make wise and mature decisions about their marriages.

This PDCC will give a history of and rationale for marital first responders. Dr. Doherty will then suggest ways to teach others how to be first responders too.

Date of Call:

10/20/2016

Time of Call:

1:00 pm Eastern

-12:00 Central

-11:00 Mountain

-10:00 Pacific

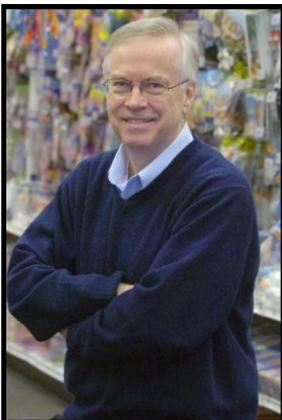
**Procedure for
Participants:**

Dial in Number:

605-475-4000

Access code:

680838#



Bill Doherty, Ph.D., is an internationally recognized marriage and family therapist, researcher, writer, professor, citizen engagement activist and Co-Founder of [The Doherty Relationship Institute](#). He was inspired to create Marital First Responders training after learning about the Australian Mental Health First Aid program, which within a decade trained 1% of the entire adult population of that country on how to respond helpfully to someone in a mental health crisis. Bill's research at the University of Minnesota showed him that there is great need and interest in the United States for training in how to be helpful when friends and loved ones confide about marital problems. ***His dream is to make Marital First Responders training so universal that every married couple will have someone in their natural network who knows how to be support them and, when appropriate, steer them to professional help.***

For more information, contact NACFLM at 937-431-5443.

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