

NATIONAL
ASSOCIATION
OF
CATHOLIC
FAMILY LIFE
MINISTERS

Join Us

Date of Call:
4/16/2015

Time of Call:
1:00 pm Eastern
12:00 Central
11:00 Mountain
10:00 Pacific

**Procedure for
Participants:**

**Dial in
Number:**
605-475-4000

Access code:
680838#

**For more
information,
contact NACFLM at
937-431-5443.**

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"Moral Injury"

Professional Development Conference Call

Moral injury and PTSD, often called the invisible wounds of war, are injuries that affect the mind, spirit and soul of a person. They are like a bullet wound that if left untreated will continue to bleed, ultimately affecting the entire body, until, in the worst of cases, death results. As with any wound, a basic understanding of how to treat them is necessary.

These wounds can lead to spousal abuse, substance abuse, depression and even suicide. Not only can these wounds exist in someone who is a veteran, in the active military, National Guard, or reserves but they can occur in other professions such as law enforcement, firefighting or nursing. We will discuss some of the causes of moral injury and PTSD and then avenues as to how the church and family ministry can provide assistance to those in need of help.



Joseph Palmer is the Executive Director for Military Outreach USA. He graduated from Southern Connecticut State University in 1974 with a degree in Political Science. He served in the United States Air Force from 1966-1972 as a Security Police K-9 handler with service in Okinawa, Vietnam, the Philippines, and F.E. Warren Missile Base, Cheyenne, WY. He has been active in developing programs for veterans and has been an All American VFW Post

Commander as well as attaining the prestigious honor of being an All American District Commander. Most recently Joseph wrote and had unanimously passed by the VFW a national resolution addressing veteran suicide.